

## Welcome Back!

### Family Dinner Friday September 29<sup>th</sup>

**When:** Friday September 29<sup>th</sup>  
**Where:** Pathways Aboriginal Centre  
**What:** Grilled Chicken and Salad and just for fun, let's make so GOOOOOO!!!  
**To RRSVP or for more information please contact.**  
**Jelica Shaw**  
**Phone: 604-218-5592**  
**Email: [Jelica.shaw@rysa.bc.ca](mailto:Jelica.shaw@rysa.bc.ca)**



### Powwow Dancing Update

After a great summer of powwows all over our beautiful country many are ready to start classes again.

Classes will start in November with Shyama Priya. In October the space is open if you would like an informal class let us know and we can set up a few pop up classes.

## Youth Centre

### OSKAYAK Aboriginal Youth Ages 13-19

**When:** Thursday's is Employment Focused 2-8pm.  
**Friday's** we go on outings in the community 2-6pm  
**Where:** Start each day and end each session at Pathways.  
**What:** A variety of activities in and around the community.

*Thursday's come make a résumé look for work have mock interviews job search help at Pathways. Ning, Employment Counselor from RYSA, will lead a job focused workshop every Thursday from 4-5pm.*



### Family Arts Saturday Program

**When:** Saturday's 11:00am -2:00pm  
**Where:** Pathways Aboriginal Centre  
**What:** A drop in family program. The day starts with a lunch followed by arts and crafts workshops facilitated by Jamie and Keisha.

**Activities may vary or change**  
Sept 9<sup>th</sup> Honoring our Children Powwow (Leave Pathways at 10am)  
Sept 16<sup>th</sup> Clothing Exchange & Open studio  
Sept 23<sup>rd</sup> Warrior Shields & Dream Catchers  
Oct 7<sup>th</sup> Cultural Series (Must Register)  
Oct 14<sup>th</sup> Cultural Series (Must Register)  
Oct 21<sup>st</sup> Pumpkin Patch

### Are you in Care of the Ministry or At-Risk of Going into Care: We Can Help!

*For Aboriginal Children, Youth between the ages of 3-18, and their caregivers, who have been in the Care of the Ministry or are at-risk of going into Care.*

*Roots to Grow provides help with school, social and recreation activities; cultural events; Help accessing*

Oct. 1

## Pathways Aboriginal Centre's OSKAYAK Times Newsletter

community resource, and help navigating with Social Workers and Government resources.

For more information please contact.

Jelica Shaw

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Email: [Jelica.shaw@rysa.bc.ca](mailto:Jelica.shaw@rysa.bc.ca)



### Community Resources

CHIMO Crisis Line

604-279-7070

[www.chimocrisis.com](http://www.chimocrisis.com)

Kids Help Phone

1-800-668-6868

Ministry of Children, Youth  
and Families

604-660-1044

VACFASS-Vancouver  
Aboriginal Children and  
Family Services

Society

604-872-6723

Richmond Addictions

604- 270-9220

Aboriginal Wellness Program

604- 675-2551

Native Court Workers

604- 792-5539

*The Healthy Aboriginal: is a non-profit website promoting of health, literacy and wellness*

[www.thehealthyaboriginal.net](http://www.thehealthyaboriginal.net)

### Let's Set a Goal for the Fall

Use this template to write or draw a new goal for the fall!



**For more information on any of our programs please contact:**

**Pathways Aboriginal Centre**  
**100-7900 Alderbridge Way,**  
**Richmond, BC V6X 2A5**  
**604-271-7600 ext.101**