



OSKAYAK YOUTH PROGRAM

The Oskayak Youth Program provides youth between the ages of 16 to 24 an opportunity to connect with their culture, socialize, gain new skills, explore careers, access community resources, participate in group activities, and receive one-to-one support. Aboriginal youth are supported to explore their culture, look into education, volunteer, gain work experience, participate in sharing their culture with the community, and work towards their personal goals. Youth are actively involved in setting priorities, developing activities, and reaching out to the community. There is an Aboriginal Youth Advisory Council that includes youth who help lead the Centre.

OSKAYAK Youth Program

Regular activities, group outings, cultural exploration, and workshops are provided to engage, inspire and support Aboriginal youth to learn, dream and thrive.

Some of the workshops and activities include:

- Cultural teachings, arts, traditional learning/teachings
- Drumming, dancing and music
- Storytelling, arts, carving and crafts
- Cultural exploration, and outings
- Traditional games and physical activities
- Volunteer leadership and community projects
- Mentorship and Youth Council
- Learning new skills: Nutrition, cooking, shopping, and budgeting
- Gardening/growing food
- Career and education exploration
- Special events and holiday celebrations
- Family activities
- Newsletter
- Media and Design workshops
- Homework clubs, camps and recreational activities
- Drop in evenings for youth
- Group and one to one supports
- Information and referral
- Family supports
- School supports

Canada



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